

Doreen A. Zaborac & Associates, Inc.

Zaborac Counseling Group

17255 Oak Park Avenue
Tinley Park, IL 60477
708.633.4533

Informed Consent

The therapeutic relationship is unique in that it is a highly personal and at the same time, a contractual agreement. Given this, it is important for us to reach a clear understanding about how our relationship will work, and what each of us can expect. This consent will provide a clear framework for our work together. If you have any questions regarding this consent, your clinician will happily answer them for you.

The Therapeutic Process

You have taken a very positive step by deciding to seek therapy. The outcome of your treatment depends largely on your willingness to engage in this process, which may, at times, result in considerable discomfort. Remembering unpleasant events and becoming aware of feelings attached to those events can bring on strong feelings of anger, depression, anxiety, etc. There are no miracle cures. I cannot promise that your behavior or circumstance will change. I can promise to support you and do my very best to understand you and repeating patterns, as well as to help you clarify what it is that you want for yourself.

Confidentiality

The session content and all relevant materials to the client's treatment will be held confidential unless the client requests in writing to have all or portions of such content released to a specifically named person/persons. Limitations of such client held privilege of confidentiality exist and are itemized below:

1. If a client threatens or attempts to commit suicide or otherwise conducts him/her self in a manner in which there is a substantial risk of incurring serious bodily harm.
2. If a client threatens grave bodily harm or death to another person.
3. If the therapist has a reasonable suspicion that a client or other named victim is the perpetrator, observer of, or actual victim of physical, emotional or sexual abuse of children under the age of 18 years.
4. Suspicions as stated above in the case of an elderly person who may be subjected to these abuses.
5. Suspected neglect of the parties named in items #3 and # 4.
6. If a court of law issues a legitimate subpoena for information stated on the subpoena.
7. If a client is in therapy or being treated by order of a court of law, or if information is obtained for the purpose of rendering an expert's report to an attorney.

Occasionally I may need to consult with other professionals in their areas of expertise in order to provide the best treatment for you. Information about you may be shared in this context without using your name.

In the case that the client is a couple or a family, there is a no secrets policy. For clients receiving couple or family counseling, information disclosed during treatment will be utilized by the clinician for treatment purposes. At times, a clinician will meet with individual clients as a part of the couple or family counseling process. These sessions are still considered couples or family counseling and are NOT individual counseling.

Agreement Regarding Fees

All fees are payable before or on the date of service. Please find a list of our fees on the Office Policies form. State and Federal Laws require Zaborac Counseling Group/Doreen A. Zaborac & Associates, Inc. to collect payments, co-insurance, and deductibles in full. If an account is sent to a collection agency or attorney for collection, the client will be responsible for the full balance plus a collection fee of 33% of my principle balance. Also, the clinician may not be able to provide services in the event that an account is sent to collections.

EMERGENCIES: In the event of an emergency that is life threatening, call 911 immediately or go to your nearest emergency room. You can contact the office during business hours for non-life threatening emergencies, and our clinicians will return your call within 2 business days.